

the law of assumption neville goddard

the law of assumption neville goddard is a powerful metaphysical concept that has influenced countless individuals seeking to manifest their desires through the power of belief and imagination. Rooted in the teachings of Neville Goddard, this law asserts that assuming the feeling of the wish fulfilled can bring about tangible changes in reality. By understanding and applying this principle, practitioners can harness their subconscious mind to create the life they envision. This article explores the core ideas behind the law of assumption, Neville Goddard's unique approach, practical techniques for manifestation, and the psychological foundations that support this law. Additionally, it addresses common questions and misconceptions to provide a comprehensive guide for those interested in this transformative philosophy.

- Understanding the Law of Assumption
- Neville Goddard's Interpretation and Teachings
- Techniques for Applying the Law of Assumption
- Psychological and Spiritual Foundations
- Common Questions and Misconceptions

Understanding the Law of Assumption

The law of assumption is a metaphysical principle that suggests reality is shaped by what one assumes to be true. Rather than waiting for external events to manifest desires, this law emphasizes internal belief and assumption as the primary creative force. It posits that by confidently assuming the state of the wish fulfilled, an individual can influence their circumstances and attract desired outcomes into their life.

Core Principles of the Law of Assumption

The law operates on several foundational ideas that guide its application:

- **Assumption Creates Reality:** What a person assumes to be true internally will eventually reflect externally.
- **Feeling is Crucial:** The emotional experience of having what is desired accelerates manifestation.
- **Imagination as a Tool:** Visualization and mental rehearsal are essential to sustaining the assumed state.
- **Persistence:** Continuous belief and assumption are necessary despite contradictory external

conditions.

Difference from Other Manifestation Laws

Unlike the law of attraction, which focuses on attracting desired outcomes through positive thinking and vibration, the law of assumption centers on the act of assuming a desired state already exists. This subtle difference shifts the emphasis from attracting to embodying, making the practice more about identity and consciousness transformation than external magnetism.

Neville Goddard's Interpretation and Teachings

Neville Goddard was a mystic and teacher who popularized the law of assumption through his lectures and writings during the mid-20th century. His distinctive approach blends biblical symbolism, psychology, and esoteric spirituality, underscoring the power of imagination as God's creative faculty within humans.

Imagination as Divine Power

Neville taught that imagination is the key to creating reality, describing it as the "I AM" presence that shapes the physical world. He emphasized that the Bible's stories are allegories of internal states of consciousness, and by changing one's inner assumptions, a person can rewrite their external circumstances.

The Concept of Living in the End

A central teaching in Neville Goddard's philosophy is "living in the end," which involves mentally dwelling in the state of the fulfilled desire. He encouraged students to feel and behave as if their wish were already accomplished, thereby aligning their subconscious mind with the desired reality.

Use of Revision Technique

Neville introduced the revision technique as a method to alter past events in the imagination to change their impact on the present and future. By revising memories with desired outcomes, individuals can shift their mental patterns and assumptions, facilitating manifestation.

Techniques for Applying the Law of Assumption

Effective application of the law of assumption requires consistent practice and specific methods to cultivate the assumed state. Below are key techniques recommended by Neville Goddard and contemporary practitioners:

Visualization and Mental Imagery

Visualization involves creating vivid mental pictures of the desired outcome. The goal is to engage all senses and emotions, making the imagined experience feel real and present.

Feeling the Wish Fulfilled

Emotions play a pivotal role in manifestation. Practitioners are advised to generate the feeling of satisfaction, joy, or gratitude as if their desire has already manifested, anchoring the assumption in their subconscious.

Affirmations and Inner Dialogue

Using positive affirmations consistent with the assumed reality helps reinforce belief. Inner conversations should reflect the reality of the wish fulfilled to prevent contradictory thoughts.

Revision and Mental Reset

Revising past experiences through imagination can clear limiting beliefs and replace them with empowering assumptions. This mental reset supports the law's effectiveness by aligning subconscious patterns with conscious desires.

Practical Steps to Implement

1. Identify a clear and specific desire or goal.
2. Relax and enter a meditative or reflective state.
3. Create a mental scene that implies the desire is already fulfilled.
4. Immerse in the feeling associated with fulfillment.
5. Repeat the process consistently, especially before sleep.

Psychological and Spiritual Foundations

The law of assumption neville goddard is supported by psychological and spiritual concepts that explain how belief shapes experience. Understanding these foundations enhances the credibility and applicability of the law.

Subconscious Mind Programming

The subconscious mind accepts assumptions and beliefs as facts, influencing behavior and perception. By impressing the subconscious with the desired assumption, individuals can change automatic responses and external conditions.

Law of Mental Causation

This spiritual principle asserts that all external effects have mental causes. Neville's teachings align with this law, emphasizing that mental states precede physical realities, making mental discipline essential for manifestation.

Role of Faith and Persistence

Faith in the assumed reality sustains mental focus and emotional alignment. Persistence despite appearances is crucial, as temporary contradictions do not negate the underlying assumption's power.

Common Questions and Misconceptions

Many seekers have questions regarding the law of assumption neville goddard. Addressing common misunderstandings provides clarity and guidance for effective practice.

Is the Law of Assumption the Same as Positive Thinking?

While positive thinking involves hopeful or optimistic attitudes, the law of assumption requires a deeper internalization of the fulfilled state. It is not mere optimism but a deliberate mental assumption held with conviction.

What if the Desire Does Not Manifest Quickly?

Manifestation timing varies based on belief strength, subconscious blocks, and external factors. Consistent practice, revision of limiting beliefs, and patience are key to eventual realization.

Can Negative Assumptions Affect Reality?

Yes, negative assumptions can produce undesirable outcomes. The law of assumption works both ways, emphasizing the importance of conscious control over one's beliefs and assumptions.

Is Visualization Enough to Manifest Desires?

Visualization must be accompanied by feeling and assumption. Without emotional involvement and mental conviction, visualization alone may not create the necessary subconscious imprint.

Frequently Asked Questions

What is the Law of Assumption according to Neville Goddard?

The Law of Assumption, as taught by Neville Goddard, is the principle that you manifest your desires by assuming the feeling of the wish fulfilled. By living and feeling as if your desired outcome is already true, you align your reality to bring it into existence.

How does Neville Goddard suggest practicing the Law of Assumption?

Neville Goddard recommends imagining and feeling the state of your wish fulfilled vividly and repeatedly, especially before sleep. This mental discipline impresses your subconscious mind, which then manifests the assumed reality into your life.

Is the Law of Assumption different from the Law of Attraction?

Yes, while both laws involve manifestation, the Law of Assumption focuses on assuming the feeling of already having what you want, whereas the Law of Attraction emphasizes attracting desires through positive thinking and vibrations. Neville Goddard's approach centers on the power of assumption and feeling.

Can the Law of Assumption work for anything you desire?

According to Neville Goddard, the Law of Assumption can work for any desire as long as you genuinely assume the feeling of the wish fulfilled and maintain faith in the reality of your assumption without doubting.

What role does imagination play in the Law of Assumption?

Imagination is crucial in the Law of Assumption because Neville Goddard teaches that imagining the end result with feeling is the key to impressing the subconscious mind. Your imagination creates the reality you assume to be true.

How long does it take to manifest a desire using the Law of Assumption?

The time it takes varies depending on the individual's faith, consistency, and emotional conviction. Some people experience rapid manifestations, while others may take longer. The key is persistent assumption and emotional alignment with the desired outcome.

What are common mistakes when applying the Law of Assumption?

Common mistakes include doubting the manifestation, focusing on the lack of the desire, inconsistent assumption, and failing to feel the reality of the wish fulfilled. These undermine the process and delay manifestation.

Can the Law of Assumption be used to improve relationships?

Yes, Neville Goddard taught that by assuming the feeling of a harmonious and loving relationship, you can manifest improvements in your relationships. This involves feeling the reality of the relationship you desire as if it already exists.

Does Neville Goddard recommend affirmations or prayers in the Law of Assumption?

Neville Goddard emphasized feeling and imagining over traditional affirmations or prayers. While affirmations can be helpful, the core practice is to assume the feeling of the wish fulfilled with vivid imagination and emotion.

How can I start applying the Law of Assumption in my daily life?

Begin by clearly defining your desire, then regularly spend time imagining and feeling the end result as if it is already true. Practice this especially before sleep, maintain faith in your assumption, and avoid thoughts of doubt or lack.

Additional Resources

1. The Power of Awareness by Neville Goddard

This foundational book explores the concept that your consciousness shapes reality. Neville Goddard emphasizes the importance of awareness and imagination in manifesting desires. Readers learn practical techniques to harness their inner power and transform their lives by changing their assumptions and beliefs.

2. Your Faith is Your Fortune by Neville Goddard

In this classic work, Goddard reveals how faith and assumption create personal reality. The book delves into biblical stories interpreted as metaphors for mental and spiritual laws. It encourages readers to cultivate unwavering faith in their desired outcomes to manifest success and happiness.

3. Feeling is the Secret by Neville Goddard

This concise guide highlights the critical role of emotions in the law of assumption. Goddard explains that feeling the reality of your wish fulfilled is the key to manifestation. The book provides practical advice on aligning your feelings with your desires to bring them into physical form.

4. Awakened Imagination by Neville Goddard

Neville Goddard discusses the creative power of imagination and its direct influence on reality. The

book teaches how to consciously use imagination to assume the feeling of the wish fulfilled. Readers learn to awaken their inner creative faculties to manifest their goals with certainty.

5. *Resurrection by Neville Goddard*

This book focuses on the spiritual principle of rebirth through the law of assumption. Goddard explains how to mentally "resurrect" your desires by living in the end state of your wish fulfilled. It encourages readers to discard old limitations and embrace new realities through imaginative acts.

6. *The Law and the Promise by Neville Goddard*

An inspiring collection of true stories from people who applied the law of assumption successfully. Neville Goddard illustrates how assumptions transform into physical reality through faith and imagination. This book serves as both motivation and proof of the effectiveness of his teachings.

7. *Assume the Feeling of the Wish Fulfilled by Neville Goddard*

This practical guide focuses on the core technique of assuming the feeling of already having what you desire. Goddard explains how to use mental discipline and emotional control to align with your goals. It provides step-by-step instructions for manifesting through assumption.

8. *The Neville Reader: Essential Teachings on the Law of Assumption*

A curated anthology of Neville Goddard's most powerful lectures and writings. This reader distills the essence of the law of assumption into accessible lessons. It is ideal for both beginners and advanced students seeking a comprehensive understanding of his philosophy.

9. *Manifesting Change: Applying the Law of Assumption in Daily Life*

This modern interpretation expands on Neville Goddard's principles with practical applications for today's world. It explores how to integrate the law of assumption into everyday habits and mindset shifts. The book offers exercises and tips to make manifestation a natural part of life.

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